



DIABETES:

PREVENTION. CONTROL. MANAGEMENT.
BECOME A DAWN PARTNER TODAY!

DAWN CENTER

3611 Ennis Street
Houston, TX 77004
(832) 393-4055
houstontx.gov/dawncenter



RIISING CONCERNS REGARDING DIABETES

Diabetes is the fifth leading cause of death in Harris County. Approximately **11%** of adults in the Houston area have been told by a physician that they have **diabetes**.

OF 86 MILLION AMERICAN ADULTS
MORE THAN 1 OUT OF 3
HAVE PREDIABETES



\$245
BILLION

TOTAL MEDICAL
COSTS AND LOST
WORK AND WAGES
FOR PEOPLE WITH
DIAGNOSED
DIABETES

COMPLICATIONS OF DIABETES



HEART
DISEASE



BLIND-
NESS



KIDNEY
FAILURE



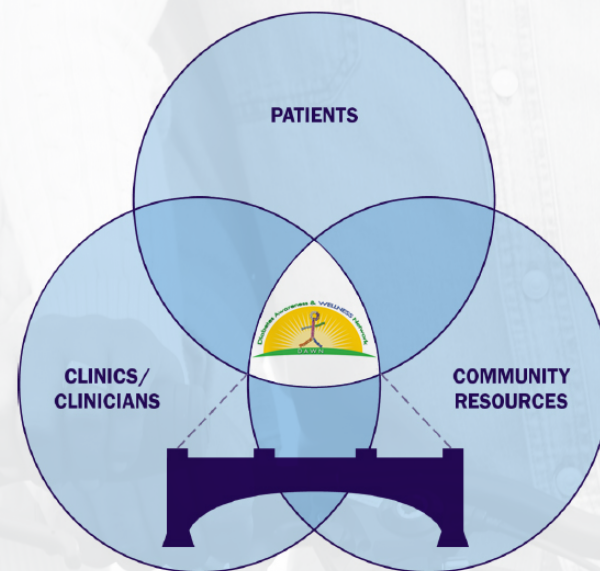
STROKE

SUPPORT FOR DIABETES SELF-MANAGEMENT EDUCATION (DSME)

Research has shown that when persons with diabetes participate in a Diabetes Self-Management Education (DSME) program, there is a 0.5% reduction in A1c levels.

Clinical and behavioral outcomes are further improved when a DSME program works directly with the primary care provider in the development of the patient's education and self-management plan.

Patients are more invested in the program when they are referred by providers who see the value of DSME. This is why a partnership with the DAWN Center is important.



WHAT IS DAWN?

The Diabetes Awareness and Wellness Network (DAWN) is a program within the Houston Health Department that provides diabetes self-management education and support for adults diagnosed with Type 2 diabetes or pre-diabetes. The DAWN program is a FREE membership based program where members are encouraged to make healthy lifestyle changes that improve their disease self-management and overall quality of life.

HERE ARE SOME OF THE BENEFITS THAT YOUR PATIENTS WILL ENJOY AS DAWN MEMBERS.

- A quality program accredited by the American Association of Diabetes Educators (AADE)
- No cost to members
- Evidence-based classes and information
- Encouragement for self-management of diabetes diagnosis (or prevention)
- A multi-disciplinary team to provide support as experts in each field: Registered Nurses, Registered Dietician, Personal Trainer, Senior Counselor, and Community Health Workers.

PROVIDER BENEFITS TO PARTNERSHIP

- Assist your practice/organization meet pay-for-performance and/or quality improvement goals.
- More time spent with patients as we provide diabetes management education, health coaching as well as nutrition and fitness consultations.
- Simple and convenient referral process.
- Quarterly status reports on your patient's progress.
- Bidirectional referral system
- Membership to DAWN Coalition, which provides insight and guidance for program development and core components.
- Free marketing in DAWN newsletters and other promotional materials.

Diabetes Awareness and Wellness Network (DAWN) Center

Third Ward Multi-Service Center
3611 Ennis Street, Houston, TX 77004

Phone: (832) 393-4055

Fax: (832) 393-4088

Website: www.houstontx.gov/dawncenter

Email: DawnCenter@houstontx.gov

DR. AMELITA LOURDES BASA
M.D., P.L.L.C.

COLLABORATIVE HEALTH SYSTEMS
A Universal American Company

CHANDRA HIGGINBOTHAM, MD
ROSSIE GOMEZ, D.P.M

UT★Physicians
A Part of UTHHealth

Rush Med
XPHARMACY



CENTRAL CARE
INTEGRATED HEALTH SERVICES

MEDICORP
My Family Doctor
www.myfamilydoctorhouston.com

University Retina Associates

UNIVERSITY of
HOUSTON
COLLEGE of OPTOMETRY

Texas Children's Health Plan
The best decision a family can make.



The HARRIS CENTER for
Mental Health and IDD

Diabetes Relief
Get your life back™



Healthcare for the Homeless Houston
health • hope • dignity

HOUSTON HEALTH DEPARTMENT