



**HOUSTON HEALTH**  
DEPARTMENT

# SUNNYSIDE MULTI-SERVICE CENTER

4410 Reed Rd.  
Houston, Texas 77051  
Office: 832-395-0069



## MSC ADMINISTRATION

Monday – Friday 8:00 a.m. - 5:00 p.m.  
Contact Antoine Everett 832-395-0008

The Sunnyside Multi-Service Center brings individual agencies and services to address the special needs of the neighborhood. Rental space is available for public meetings, receptions, workshops, banquets, seminars, etc. For information regarding rental fees and space availability call MSC.

## COMMUNITY GARDEN COME GROW WITH US

Monday– Friday 7:00 a.m. - 9:30 a.m.  
Alicia Harris 346-554-2943

The community garden program was started to show Houstonians how we can grow nutritious foods and give our neighborhoods a chance to participate in the process. Program consist of volunteers who help with planting, watering, and harvesting the community garden. Harvest is available.

## THE HARRIS CENTER

832-395-0320  
2nd floor Suite #: E223  
Monday – Friday 8:00 a.m. - 5:00 p.m.  
By appointment ONLY

## FINANCIAL EMPOWERMENT

Tuesday –Friday 8:00 a.m. - 5:00 p.m.  
Contact Kendrick Gilson 832-660-4631

SER Jobs provides financial empowerment by showing the community how to budget and spend money wisely, they hope to help teach financial literacy.

## WOMEN INFANT AND CHILDREN (WIC)

Monday– Friday 8:00 a.m. - 5:30 p.m.  
Appointment 832-393-5427  
Contact Shondriale Warren 832-395-0029

Women, Infant, and Children (WIC) is a special supplemental nutrition program which provides health care referrals, nutrition education and nutritious foods to pregnant, breast feeding, and postpartum women, and children under the age of five who have nutrition health related problems.



**HOUSTONHEALTH.ORG**

Houston Health Department  
8000 North Stadium Drive, Houston, TX 77054, 832-393-4220



### **AAA CONGREGATE MEAL SENIOR PROGRAM**

Monday-Friday 9:00 a.m. - 1:00 p.m.  
Contact Cheryl Shepherd 832-395-0488

To qualify for the senior program you must be 60 years of age or older. The program focuses on socialization activities, arts and crafts and volunteer opportunities within the community. Nutritious meals offered daily to preregistered clients. We offer an array of fun and healthy activities, including exercise, games, line dancing, walking club, bingo, scrap booking, and wellness workshops.

### **COMMUNITY RELATIONS SPECIALIST**

Monday - Friday 8:00 a.m. - 5:00 p.m.  
Della Lewis & Jessica Ventura 832-395-0069

Assist clients in connecting them to particular services such as emergency food, emergency assistance with rent and utilities, medical support, job readiness workshops, and other issues affecting clients.

### **NURSE FAMILY PARTNERSHIP**

Monday - Friday 8:00 a.m. - 5:00 p.m.  
Contact Kei'Shia Bowers 832-395-0006

Nurse Family Partnership is an evidence-based, community health program that helps transform the lives of vulnerable and low income women who are pregnant with their first child. The program is designed to improve pregnancy outcomes by promoting positive health-related behaviors. The program is to improve child health, development, and safety by promoting competent care-giving. This will enhance parent life-course development by promoting pregnancy planning, education achievement, and employment. The mother then receives ongoing nurse home visits through her child's second birthday. Nurses adhere to developmentally appropriate guidelines in assessing the child's growth and development.

### **HOGG RESOURCE CENTER**

Monday-Friday 8:00 a.m. - 5:00 p.m.  
Contact Nichelle Bailey 832-395-0033

Through funding of the Hogg Foundation for Mental health, Houston Health Department launched its Peer Wellness Specialist training and certification program for Transition-Age Youth. A transition-age youth is a person between the ages of 14 and 25, and a time of life when many people experience mental health challenges. Transition-age youths are faced with making complex decisions as they transition from adolescence into young adulthood. This can involve renegotiation of personal relations, health care, education, employment, housing and personal finances at the same time that the support and services they received as adolescents and altered or phased out. For more information, please contact the MSC or Victor Fears about this developed curriculum for Peer Wellness Specialist.

### **CENTER FOR WELLNESS AND RECOVERY**

Monday - Friday 8:30 a.m. - 5:30 p.m.  
Contact Dorothy West 832-373-3050

The Center for Recovery and Wellness Resources is for people who are seeking long term recovery. We know that recovery is (alcohol or drug) use disorders. The volunteers and staff are all people in longer term recovery. We know that recovery is about more than abstinence from alcohol and drugs—it is about building a satisfying and productive life in our community. Program concentrates on where you are now and what you are willing to do to enjoy a better tomorrow.

### **OTHER SERVICES OFFERED**

Computer Lab  
Currently Unavailable

Workout Fitness Room  
M/W/F 7:00 a.m. - 6:30 p.m.





**GET MOVING FARMERS MARKET**

Date and Times

Contact MSC Brian Smith 832-393-4054

Houston Health Department organizes farmers markets in underserved, inner city neighborhoods. The initiative provides easier access to affordable fruits and vegetables in Houston communities considered food deserts because they are underserved by grocery stores and other fresh food outlets.

**HOUSTON FOOD BANK SENIOR DISTRIBUTION COMMODITY PROGRAM**

Tifani Irving-Fields 832-369-9376

3rd Wednesday of Every Even Month 9:00 a.m. - 1:00 p.m.

The Senior Box Program is funded through the Commodity Supplemental Food Program, a federal program designed to improve the health nutrition of income eligible seniors. Seniors receive a box of food each month with a retail value of \$50, which helps stretch their fixed income s to keep food on the table. Eligible client must be: Harris County residents 60 and over. Income Guidelines: 1 person household must not exceed \$1287 per month, 2 person household must not exceed \$1736 per month. Income verification through Award Letter, Bank Statement, or Family Support.

**HOUSTON AREA WOMEN’S CENTER**

Monday-Friday 9:00 a.m. - 1:00 p.m.

Contact Kristina Henry-Woody 832-690-4767

The Houston Area Woman’s Center provides on-site resources to community members. Advocates are available to offer access to counseling and support groups. HAWC teaches a Healthy Relationship class on - Tuesdays and Thursday from 12:30 p.m. - 1:30 p.m. Domestic Violence 24/7 Hotline 713-528-2121. For more information, please call Sunnyside MSC.

**BAKER RIPLEY (NCI) TAX PREPARATION**

January 23rd - April 18th 9:00 a.m. – 5:00 p.m.

Monday –Friday

Contact MSC 832-395-0069

Free quality Tax Preparation by NCI  
No appointments –Walk-Ins Only  
Eligibility: Families and individuals earning up to \$58000. Includes free tax preparation, free e-filing and fast refund, direct deposit, and free ITIN applications.

**MAYOR’S CITIZEN ASSISTANCE**

Monday - Friday 8:00 a.m. – 5:00 p.m.

Contact Angela Solis 832-395-0017

The Mission of the Mayor’s Citizen Assistance Office (MCAO) is to improve the quality of life for all Houstonians by promoting efficient and effective city services, encouraging community involvement and participation, handling individual citizens’ concerns, and supporting neighborhood revitalization efforts throughout the City of Houston.

**DEPARTMENT OF NEIGHBORHOODS (DON)**

Monday-Friday 8:00 a.m. – 5:00 p.m.

Contact Dennis Trotter 832-394-0600

City of Houston Department of Neighborhoods’ Inspection and Public Service division seeks to improve the quality of life in neighborhoods by reducing substandard living conditions. Report nuisance conditions such as overgrown lots, dangerous buildings, rubbish, unprotected holes, and stagnant water. Report to City’s Service Helpline at 3-1-1.

**COMMUNITY ORGANIZATION AND AGENCIES**

Shawn Thierry’s Office #2122

Commissioner Rodney Ellis Satellite Office  
M/TH 9am –Noon (Willie Belle Boone)

Sunnyside Civic Clubs

Harris County Early Election Site

